

Prepare and Maintain

The 72-hour kit is a crucial step in preparing yourself and your loved ones for when emergency strikes. By keeping these items together and ready at all times, you will greatly improve your ability to respond to emergency situations and events.

While much of the kit may be purchased and stored, included perishables must be maintained. Be sure to rotate food and water as necessary in order to maintain freshness and prevent sickness.



For more information concerning emergency planning, 72-hour kits and emergency alerts and notifications, please visit the following sites:

[Http://www.pittsburghpa.gov/ema](http://www.pittsburghpa.gov/ema)

[Http://www.ready.gov](http://www.ready.gov)

[Http://www.pittsburghpa.gov/publicsafety](http://www.pittsburghpa.gov/publicsafety)

[Http://alert.pa.gov](http://alert.pa.gov)

City of Pittsburgh Office of Emergency Management and Homeland Security

Robin Civic Building
200 Ross Street, Suite 500
Pittsburgh, PA 15219

Phone: 412.255.2633

Fax: 412.255.8662

E-mail:

pittsburghemergencymanagement@pittsburghpa.gov



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City of Pittsburgh Office of Emergency Management and Homeland Security

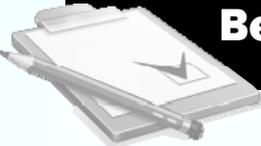


Putting

Together a Family 72-Hour Kit



Luke Ravenstahl
Mayor
Michael Huss
Public Safety Director



Beginning with the Basics: Recommended Essentials

Additional Items to Consider:

WATER: One gallon per person, per day—for drinking and sanitation

FOOD: At least a 3-day-supply of non-perishable food

BATTERY/HAND CRANK RADIO: and a NOAA weather radio for emergency updates

FLASHLIGHT

FIRST AID KIT

WHISTLE: to signal for help

DUST MASKS: to filter out debris and disease

DUCT TAPE/PLASTIC SHEETING: to shelter in place

PERSONAL SANITATION ITEMS: moist towelettes, & garbage bags

WRENCH/PLIERS: used to turn off utilities

CAN OPENER: if kit contains canned food

LOCAL MAPS

CELL PHONES WITH CHARGES

BATTERIES: for flashlights and other electronics

Prescription medications and glasses

Infant formula and diapers

Pet food and extra water for your pet

Copies of important documents like identification and insurance cards

First aid information

Clothing and blankets

Bleach (16 drops can treat a gallon of water) for disinfecting

Personal and feminine hygiene products

Matches in a waterproof container

Paper, pencils, books, games or other activities for children