

# May Lunch Menu

M

T

W

Th

F

1  
Sweet & Sour Pork,  
Carrots, Pea Pods,  
Green Peppers,  
Pineapple, Whole  
Wheat Bread, Brown  
Rice, Milk, Orange

2  
Open Face Hot Turkey  
Sandwich, Whipped  
Potatoes, Mixed  
Vegetables, Honey  
Wheat Bread, Milk,  
Chocolate Chip Cookies

3  
Tuna Noodle  
Casserole, Coleslaw,  
Italian Green Beans,  
Rye Bread, Milk,  
Red Delicious Apple

6  
Roast Beef w/ Gravy,  
Whipped Horseradish  
Potatoes, Vegetable  
Medley; Broccoli,  
Carrots, 9-Grain Bread,  
Milk, Apricots

7  
Chicken Breast w/  
Orange Glaze, Potatoes,  
French Cut Green  
Beans & Almonds,  
Wheat Bread, Milk,  
Angel Food Cake

8  
Tuna Baby Pea Salad,  
Marinated Tomatoes,  
Dinner Roll, Milk,  
Fruit Cocktail,  
Oatmeal-Raisin Cookie

9  
Rotini & Meat Sauce,  
Tossed Salad, Light  
Italian Dressing, Italian  
Bread, Milk, Banana

10  
Boneless Pork Loin  
w/ Thin Gravy, Broccoli,  
Au Gratin Potatoes,  
Honey Wheat Bread,  
Milk, Sugar Cookies

13  
Roast Turkey Breast  
w/ Gravy, Baby  
Brussels Sprouts,  
9-Grain Bread, Brown  
Rice Pilaf, Milk,  
Sliced Pears

14  
Meat Loaf w/ Gravy,  
Garlic Whipped  
Potatoes, Carrot Coins,  
Honey Wheat Bread,  
Milk, Lime Gelatin

15  
Baked Cod w/ Paprika,  
Sweet & Sour Coleslaw,  
Italian Bread, Macaroni  
& Cheese, Milk, Red  
Delicious Apple

16  
Honey Mustard Chicken  
Salad, Potato Salad,  
Grape Tomatoes,  
Whole Wheat Bread,  
Milk, Fudge Brownie  
w/ Butterscotch Chips

17  
Roast Beef au jus,  
Scalloped Potatoes,  
Broccoli Florets,  
Dinner Rolls, Milk,  
Peach Slices

20  
Turkey Meatballs in  
Pasta Sauce, Parsley &  
Chive Potatoes, Peas,  
9-Grain Bread, Milk,  
Chocolate Chip Cookies

21  
**ELECTION DAY**  
Roast Beef w/ Gravy,  
Vegetable Medley,  
Honey Wheat Bread,  
Brown Rice Pilaf,  
Milk, Orange

22  
Baked Chicken Leg &  
Thigh, Yams with  
Margarine & Brown  
Sugar, Broccoli Florets,  
Dinner Rolls, Milk,  
Sugar Cookies

23  
Stuffed Cabbage,  
Whipped Potatoes,  
Carrot Coins, Whole  
Wheat Bread, Milk,  
Yellow Delicious Apple

24  
Turkey Hot Dog w/  
Chili Sauce, Hot Dog  
Bun, Hot Potato Salad,  
Green Beans, Milk,  
Watermelon Cuts

27  
Holiday

28  
Shredded BBQ Pork,  
Oven Browned  
Potatoes, Mixed  
Vegetables, Honey  
Wheat Bread, Milk,  
Pineapple Tidbits

29  
Cold Roast Beef W/  
Swiss Cheese on a  
Whole Wheat Bun,  
Pasta Salad, Tomato,  
Green Beans, Milk,  
Red Delicious Apple

30  
Baked Cod,  
Au Gratin Potatoes,  
Broccoli Florets, Whole  
Wheat Bread, Milk,  
Oatmeal-Raisin Cookies

31  
Rigatoni w/ Meat Sauce,  
Health Salad, Light  
Italian Dressing, Italian  
Bread, Milk, Banana

**[CLICK HERE](#)** to make your reservation today!

\*Meals Funded by Allegheny County Department of Human Services/Area Agency on Aging