



CITIPARKS

RECREATION

Phillips Recreation Center Summer 2016

HIP HOP DANCE FEE: \$5

This class mixes fun with exercise through hip hop dance. Learn to whip and nae nae with us! Boys and girls will learn to design their own dance routines.

Mondays, June 13 - August 1
7:00 - 8:00 PM Ages 7-12

AEROBICS CLASS FEE: \$65/10 Weeks

Get into shape! Low impact workout to upbeat music. Great for your heart and circulation! Taught by a private instructor.

Tuesdays, July 5 - Sept 6
7:15 - 8:15 PM Ages 16 and Older

DEK HOCKEY FEE: \$20

Boys and girls learn the fundamentals of hockey and game play through fun drills and low-competition games. All children will receive a t-shirt and a participation medal.

Tuesdays, July 19 - August 23
6:30 - 7:30 PM Ages 4-5
7:30 - 8:30 PM Ages 6-8

DEK HOCKEY LEAGUE FEE: \$20 per child

Boys and girls learn the fundamentals of hockey and game play through fun drills and low-competition games. All children will receive a t-shirt and a participation medal.

Fridays, June 24 - August 12
4:30 - 6:30 PM Ages 9-11
6:30 - 8:30 PM Ages 12-14

FIELD TRIP DAYS FEE: \$0-20 per child

Cost and Timing of Field Trips will vary slightly based on what the trip is.

Tuesdays, June 28 - August 2
1:00 - 5:00 PM Ages 7-12

18 and OVER OPEN GYM FEE: \$2/week

Open gym allows time for unstructured play at most community centers. Play equipment is available.

Wednesdays, June 22 - August 3
6:00 - 8:00 PM Ages 18+

"Get Outside!" WITH SAM FEE: \$10

Are you that kid who is always turning over rocks to see what critters might be living underneath? Join Sam on outdoor adventures that satisfy your curiosity about the nature in your neighborhood. Program includes trips to other regional parks.

Thursdays, June 30 - August 4
1:00 - 4:00 PM Ages 7-12

SPECIAL NEEDS OPEN GYM FEE: \$3 /week

Take a break and have fun in a supportive social environment! Our program helps to teach exercise and physical fitness with individual goals for individual needs.

Thursdays, June 16 - August 18
6:00 - 7:30 PM ALL AGES

Joe's Game Day (SPECIAL NEEDS) FREE

Come play your favorite games and learn some new ones, too! Have fun and be active in our "races" to be fit!

Wednesdays, June 29 - August 17
1:00 - 3:00 PM ALL AGES

ZUMBA FEE: \$5/Session

This on-going class combines active, creative, dance and aerobic exercise that is an excellent total body workout. Drop in any time! Taught by a private instructor.

Mondays, June 13 - August 1
6:00 - 7:00 PM ALL AGES

Citiparks.net

Register Now!

412-885-7445

William Peduto, Mayor Jim Griffin, Director of Parks and Recreation Corey O'Connor, Chairperson for the Committee on Urban Recreation

The City does not discriminate against anyone on the basis of race, color, religion, ancestry, national origin, place of birth, sexual orientation, familial status, age (40 & over), or non-disqualifying physical or mental disability, or any other basis protected by federal, state, or local law.



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