

December Lunch Menu

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2

Boneless Pork with Thin Gravy, Scalloped Potatoes, Mixed Vegetables, Dinner Rolls, Milk, Pineapple Tidbits

3

Turkey Divan with Thin White Sauce, 9-Grain Bread, Brown Rice, Milk, Pear Slices

4

Meat Loaf with Thin Gravy, Whipped Potatoes, Baby Peas, Whole Wheat Bread, Milk, Cherry Gelatin

5

Tuna Salad, Tomatoes and Cucumbers, Pasta Primavera Broccoli, Carrots, Red Pepper, Rye Bread, Milk, Orange

6

Grilled Honey Mustard Chicken Breast, Butternut Squash Cubes, Beet Slices, Honey Wheat Bread, Milk, Oatmeal Raisin Cookie

9

Top Round Roast Beef with Thin Gravy, Broccoli Florets, Wide Noodles, Dinner Roll, Milk, Peach Slices

10

Chicken Leg and Thigh, Lemon Seasoned Potatoes, Rye Bread Vegetable Blend, Milk, Fruit Cocktail

11

Cabbage Roll, Potatoes Whipped, Salad with Light French Dressing, Honey Wheat Bread, Milk, Brownie with Butterscotch Chips

12

Baked Cod, Italian Green Beans with Chopped Red Pepper, 9 Grain Bread, Creamy Tomato Macaroni and Cheese, Milk, Red Delicious Apple

13

Turkey with Thin White Sauce with Mushrooms, Carrot Coins, Whole Wheat Bread, Brown Rice, Orange, Milk, Chocolate Chip Cookie

16

Teriyaki Meatballs with Thin Gravy, Scalloped Potatoes, Broccoli and Cauliflower Florets, Honey Wheat Bread, Milk, Pineapple Tidbits

17

Pork with Thin Gravy, Parslied Potatoes, Peas and Carrots, 9-Grain Bread, Milk, Tangerine

18

Chili with Ground Turkey, Coleslaw, Corn Muffin, Brown Rice, Milk, Sliced Peaches

19

Chicken Breast with Thin Mushroom Gravy, Whipped Potatoes with Chives, Whole Green Beans, Dinner Rolls, Milk, Cherry Pie

20

Salisbury Steak with Bell Pepper Sauce, Whipped Butternut Squash, Wide Noodles, Rye Bread, Milk, Fruit Cocktail

23

Chicken Leg and Thigh with Thin Gravy, Au Gratin Potatoes, Broccoli Florets, Whole Wheat Bread, Milk, Oatmeal-Raisin Cookies

24

Baked Cod with Lemon Wedge, Potato Corn Chowder, Baby Carrots, 9-Grain Bread, Milk, Banana

25

Holiday Christmas Center Closed

26

BBQ Country Ribs, Potatoes with Parsley and Chives, Italian Green Beans, Rye Bread, Milk, Pineapple Tidbits

27

Hearty Beef Stew, Potatoes, Carrots, Onions, Celery, Whole Wheat Bread, Brown Rice, Milk, Mandarin Oranges

30

Turkey with Thin Gravy, Broccoli Florets, Honey Wheat Bread, Rice Pilaf, Red Delicious Apple, Milk, Graham Crackers

31

Boneless Pork Loin with Thin Gravy, Yams with Cinnamon, Whole Green Beans with Red Peppers, Whole Wheat Bread, Milk, Oatmeal Raisin

[CLICK HERE](#) to make your reservation today!

*Meals Funded by Allegheny County Department of Human Services/Area Agency on Aging