

# May Lunch Menu

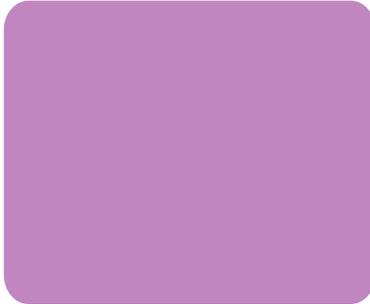
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**1**  
Sweet & Sour Pork with Carrots, Pea Pods, Green Peppers and Pineapple, Rye Bread, Brown Rice, Orange, Milk

**4**  
Beef Tips with Gravy, Whipped Horseradish Potatoes, Carrot Coins, Whole Wheat Bread, Pear Cuts, Milk

**5**  
Tuna Baby Pea Salad, Marinated Tomatoes, Sliced Beets, Dinner Roll, Fruit Cocktail, Milk

**6**  
Chicken Breast in Mandarin Orange Glaze, Gourmet Potatoes, French Cut Green Beans & Almonds, Stuffing, Angel Food Cake with Strawberries, Milk

**7**  
Boneless Pork Loin in Thin Gravy, Broccoli, Au Gratin Potatoes, Whole Wheat Bread, Banana, Milk

**8**  
Rotini & Meat Sauce, Tossed Salad with Romaine, Chick Peas, Grape Tomatoes, and Cucumbers, Italian Bread, Pineapple Tidbits, Milk

**11**  
Turkey in Cream Sauce, Broccoli Florets, Brown Rice, Dinner Roll, Sliced Pears

**12**  
Roast Beef au jus, Scalloped Potatoes, Baby Brussel Sprouts, Cornbread, Peach Slices, Milk

**13**  
Honey Mustard Chicken Salad, Potato Salad, Marinated Grape Tomatoes and Cucumbers, Rye Bread, Fudge Brownie with Butterscotch Chips, Milk

**14**  
Cod with Sautéed Peppers and Onions, Stewed Tomatoes with Zucchini, Italian Bread, Confetti Couscous (Carrots and Peas) Red Delicious Apple, Milk

**15**  
Meat Loaf in Thin Gravy, Garlic Whipped Potatoes, Carrot Coins, Whole Wheat Bread, Fruit Cocktail, Milk

**18**  
Chicken Breast au jus, Yams with Margarine & Brown Sugar, Broccoli Florets, Dinner Roll, Yellow Delicious Apple, Milk

**19**  
Roast Beef in Thin Gravy, Vegetable Medley with Carrots, Yellow Squash, Zucchini and Cauliflower, Brown Rice, Honey Wheat Bread, Orange, Milk

**20**  
Turkey meatballs in Teriyaki Sauce, Parsley & Chive Potatoes, Mixed Vegetables, Whole Wheat Bread, Cantaloupe Cuts, Milk

**21**  
Tuna Salad with Half Hard Cooked Egg, Potato Salad, Marinated Green Beans, Wheat Pita, Banana, Milk

**22**  
Stuffed Pepper with Ground Beef, Whipped Potatoes, Carrot Coins, Whole Wheat Bread, Cherry Jello, Milk

**25**  
**Holiday Memorial Day Center Closed**

**26**  
Shredded BBQ Pork, Oven Browned Potatoes, Mixed Vegetables, Semi-Hard Roll, Red Delicious Apple, Milk

**27**  
Cold Roast Beef with Swiss Cheese, Pasta Salad with Carrots, Zucchini, Green Peppers and Green Leaf Lettuce, Marinated Tomatoes & Cukes, Whole Wheat Bread, Pineapple Tidbits, Milk

**28**  
Baked Cod, Au Gratin Potatoes, Broccoli Florets, Honey Wheat Bread, Sliced Peaches, Milk

**29**  
Rigatoni with Meat Sauce, Health Salad with leaf & Romaine Lettuce, Chick Peas, Cherry Tomatoes and Cucumber, Italian Bread, Banana, Milk

**[CLICK HERE](#) to make your reservation today!**

\*Meals Funded by Allegheny County Department of Human Services/Area Agency on Aging