

Get Moving Lunch and Learn

Get Moving



Walk More



Take the
Stairs



Park a Little
Farther Away



CITY OF
PITTSBURGH
"AMERICA'S MOST LIVABLE CITY"
LUKE RAVENSTAHL, MAYOR

Get up and get going again! Learn about all the benefits exercise can have on your health.

Attend the "Get Moving"
Lunch and Learn!

To attend contact Frank Mannella at
412-255-2383 or
frank.mannella@pittsburghpa.gov

DATE

Wednesday June 20th
1:00 P.M. and Wednesday
June 27th 12:00 P.M.
Room 445 City County
Building.



pittsburghpa.gov



facebook.com/city.of.pittsburgh



twitter.com/citypgh

The City does not discriminate against anyone on the basis of race, color, religion, ancestry, national origin, place of birth, sexual orientation, familial status, age (40 & over), or non-disqualifying physical or mental disability, or any other basis protected by federal, state or local law.

