



LifeSolutions Corner

July 2016

Managing finances

"I really need some help with my finances. I'm in so much debt due to school loans and credit cards — and now my car just broke down! I want to save up to buy a house, but I can't get my finances together. Can LifeSolutions help?"

Yes. You're not alone in struggling to manage your finances. One of the main reasons that people call LifeSolutions is for financial consultation. We can help with a variety of financial issues, including:

- Budgeting
- Finding debt management resources
- Bankruptcy questions
- Saving and investing for college, home ownership, or retirement

A great way to get started in managing your finances is to have a confidential conversation that helps you understand your attitude and views about money. Identifying your views can help you make better, more constructive financial choices.

Call **1-800-647-3327** to schedule a free and confidential appointment with one of our counselors. We have convenient hours and locations near where you live or work.

Through our WorkLife Services, you can also access LifeSolutions' financial consultation services. Call **1-800-647-3327** to request a 30- to 60-minute consultation with a financial advisor on any financial issue, including those described above.

Online resources are available, too. Log in at **www.lifesolutionsforyou.com** (call us if you don't know your company code) and click the link under WorkLife Resources Portal for more information, articles, and Skill Builders on financial issues.

This information is not a substitute for professional care or your organization's policies. If you have or suspect you have an issue related to the material presented here, consult an appropriate professional.

To use our WorkLife Portal, email
or call us for your company code:

ask@lifesolutionsforyou.com
1-800-647-3327 (TTY 1-844-655-2295)
www.lifesolutionsforyou.com

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benefit available at no cost to you and members
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