May Physical Fitness & Sports Month!

#MovePGH

THE CITY OF PITTSBURGH

CITYFIT

HEALTH & WELLNESS AT WORK

CITIPARKS

Don't miss Pittsburgh's favorite May events!

May 4th-6th	Pittsburgh Marathon Weekend
May 12th	Walk for a Healthy Community
May 13th	Susan G. Komen PGH Race For The Cure
May 17-20th	Children's Theater Festival
May 18th	Bike to Work Day
May 27th	Open Streets PGH

NEW! Join these City of Pittsburgh events:

Healthy Hour

May 1st | 1pm | City-County Building | Proclamation by Chief of Staff Dan Gilman at 2pm | Join in fun, light activity, learn about various fitness vendors, and try to snag a free prize! *For City employees & families only.*

Community Yoga over PGH

May 20th | 7:30PM (Sunset)| West End-Elliott Overlook| Instructed by Sally Sherman, lululemon Ambassador| *All City of Pittsburgh community members (beginners, experts, kids, elderly, etc) are welcome!* First 100 participates will receive a complementary CityFit yoga mat!

Ask your favorite local health clubs about their special offers. This may include discounted memberships, free group classes, or more!

Community Participants

For more details and a full list of events, visit our calendar at **https://goo.gl/AALBjT**!

Questions? Contact us at city.fit@pittsburghpa.gov or call 412-255-2183.