

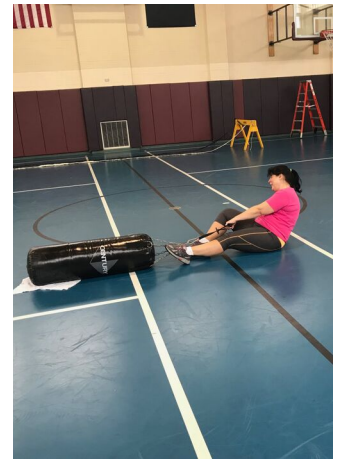


**BE A WARRIOR**

# FITNESS WITH JOE

Join our certified personal trainer for a structured fitness class. Free weights, cardio, sports, tire flipping and warrior rope will provide a balanced workout each session. Class is modified to each individual's pace and abilities. All welcome!

**THURSDAYS 10AM-11:30AM**  
\$5 MONTHLY FITNESS MEMBERSHIP  
INCLUDES WEIGHT ROOM ACCESS



# Phillips Pre-K Club

Have some preschool fun! Storytime, enrichment activities and socialization for your little ones. Parents must be present in building during class. Joe's Warrior Class is happening at the same time, so you can work out while your child plays!

**THURSDAYS 10AM-11:30AM**  
FREE

**Phillips Recreation Center 201 Parkfield St.**  
**412-885-7445**



William Peduto, Mayor Anthony Coghil, Chairperson for the Committee on Urban Recreation Ross Chapman, Director of the Department of Parks and Recreation  
The City does not discriminate against anyone on the basis of race, color, religion, ancestry, national origin, place of birth, sexual orientation, familial status, age(40 & over), or non-disqualifying physical or mental disability, or any other basis protected by federal, state, or local law.