

Paulson Recreation Center

Winter 2020

Kids Chess Club

FREE

Register for the Kids Chess Club to learn the basics of the game. Children will practice moves and strategies that will give them a better understanding of the game. Please register by January 17, 2020. 412-665-3627

Mondays and Fridays starting 1/20/2020,

Times 4:00-6:00pm

Ages 9-12

African Drumming

FREE

African drumming takes a stroll through history to teach kids about the culture of Africa, the history of where drumming comes from, also different musical instruments and more.

Thursdays starting January 9, 2020 until March 2020.

Times 4:00 to 5:30pm

Ages 8-12

Weight Lifting

COST 5\$

Weight lifting will be based on the individuals needs. Staff will go over what areas you would like to see improvement in an develop a workout plan to meet goal. The only thing you will need is a

Monday-Friday starting January 20, 2020

Times 6:00pm-8:00pm Ages 18+

Tournament Wednesdays

FREE

Dodgeball, 3 on 3 Basketball, Spelling Bee, Math Bee,

NBA 2k, Madden and more... Registration ending January 17, 2020. Please call 412-665-3627 or stop in.

Tuesdays starting January 22, 2020

Times 6pm to 7:45

Ages 7-12

Alcosan

FREE

Come enjoy water activities with Alcosan. Alcosan provides a variety of water activities for children, and insight on how water is cleaned and different types of cleaning methods.

Tuesdays starting January 7, 2020.

Times 4:00-5:00

Ages 8-12

Open Gym/ Basketball Skill development

Open Gym is open to anyone looking to better there craft, or just get a sweat going. We offer basketball lessons to those looking for help in any areas such as handling the ball, shooting drills, or play making abilities.

Monday- Friday Starting January 20,2020

Times 6:00pm-8:00pm Ages 16+

PAULSON REC CENTER

412.665.3627

1201 PAULSON AVENUE

MONDAY—FRIDAY: 12 P.M. - 8 P.M.



William Peduto, Mayor

Ross Chapman, Director

Rev. Ricky Burgess, Chairperson for the Committee on Urban Recreation

The City does not discriminate against anyone on the basis of race, color, religion, ancestry, national origin, place of birth, sexual orientation, familial status, age (40 & over), or non-disqualifying physical or mental disability, or any other basis protected by federal, state or local law.

